

### EXAMPLES OF OUTCOMES FROM PERSONAL BUDGETS

Support planning provides an opportunity for service users to consider their aspirations and what outcomes they wish to achieve through personal budgets and or local community resources. This has led people to challenge their existing care packages and develop new, creative, supports based on their interests, talents, and wishes. Some examples are:

- Using a personal budget to join a local sporting group, which enabled the person to express their passion for sport as well as increase their social network (previously the person's only friends were paid staff and other residents in his supported living scheme)
- Arranging support to help develop the skills and confidence to move into own flat after living in residential care for over 10 years
- Using a personal budget to employ a Personal Assistant (PA) to take them swimming. This person has shown a real skill and now has aspirations of competing in the Paralympics
- Employing a PA to find a mentor, to become self employed
- A person has employed a PA to support them to engage in a range of community activities which now means they have a full and active life and their challenging behaviour has greatly reduced
- A person has employed their own PA to support them to travel to college (was travelling solely via taxis, now using public transport or walking) and also increase their community activities on the weekends.